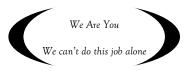




### **COWLITZ COUNTY FIRE** DISTRICT #5

382 N.E. Frontage Rd PO Box 280 Kalama, WA 98625

Phone: 360-673-2222 Fax: 360-673-3389 website: www.cowlitzfd5.org



# **PulsePoint**

# **GET THE APP.** SAVE A LIFE.

Sudden Cardiac Arrest (SCA) is a leading cause of preventable death. The PulsePoint app alerts bystanders-like you-who can help victims before professional help can arrive.

Postal Customer

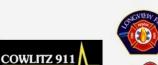
PulsePoint alerts you to nearby people in need. For every minute that passes before help arrives. SCA survival decreases by 7%-10%. It's like an amber alert for SCA victims.



Learn more at pulsepoint.org Download PalsePoint Respon



YOU BY





SCA KILLS ALMOST 1.000 †/DAY

**13M** AMERICANS ARE **CPR TRAINED AND** CERTIFIED ANNUALLY.

THE U.S. SURVIVAL RATE FOR SCA IS 11% WE CAN DO BETTER.

### **CALL 911**

PUSH HARD AND FAST IN THE CENTER OF THE CHEST TO THE BEAT OF "STAYIN' ALIVE" (100X/MINUTE)

Early CPR and rapid defibrillation before an emergency team arrives can boost survival by 50%.

# **Cowlitz County Fire District #5**

# COWLITZ FIRE DIST. 5 KALAMA



### Testing the Siren

If you are somewhat new to Kalama, you may not know that Cowlitz County Fire District #5 has a siren mounted on a pole on West Frontage Rd.

Do not be alarmed and please do not call 911. We will put out reminders on our website and Face That siren has been a part of the District for many years. In fact, it Book page. was in use back in the days when the volunteers had "fire phones" in their homes. When there was an emergency, the first volunteer to the station would activate the siren or "sound the alarm" for other www.cowlitzfd5.org volunteers to come help.

As time went on, technology advanced and the alarm was sounded remotely when the 911 system was activated. Then, volunteers also got notification on their pagers.

Now, we no longer use the siren to notify volunteers because they receive pager notifications and special apps on their phones give them details they need to respond to emergencies.

The siren remains functional and can be used to alert the community in the event of a large scale emergency. In the event of a true emergency, upon hearing the siren, we would ask that you Do NOT call 911. You can go to our Facebook page for information or sign up for alerts with Cowlitz County Department of Emergency Management. Also, if you try to call our office, we may be unavailable in the event of a large scale emergency.

## Have you tested your smoke detectors lately?

All good things must come to an end. Smoke detectors are a GREAT thing and unfortunately, they just don't last forever. The National Fire Protection Association recommends that all smoke detectors be replaced when they are 10 years old. Look at the back of your smoke detector to find the date of manufacture. If it's older than 10 years, it's time to replace it.

A smoke detector's job is to continuously monitor your home for any sign of smoke and alert you to fire danger as early as possible. If your smoke detector isn't working properly you could lose valuable time needed in order to escape a house fire safely. You should have working smoke detectors inside every bedroom and one on every level of your home.

If you aren't sure if you have enough, give us a call! We are more than happy to take a look and help you determine the best place to install them.

Landlords are required to install smoke detectors in dwelling units according to RCW 43.44.120. Tenants are required to properly maintain those smoke detectors.

If you need new 9-volt batteries for your smoke detectors you can call us! We have a brand new stock of batteries from Energizer that we can install for FREE! **Only Working Smoke Detectors Save Lives!** 

IN THE U.S.

NEARLY 60% OF SCA VICTIMS DON'T GET CPR UNTIL PROFESSIONAL HELP ARRIVES.

We will be conducting a TEST of the siren on December 24th at the start of the Santa Cruise event which will be around 4 p.m.









# Santa Cruise

Do you hear what I hear? A siren wailing in the night on Christmas Eve. It's getting closer and oh look! Santa Clause is riding on the Fire Engine! This is the 74th year that our members and volunteers will help Santa visit Kalama neighborhoods on Christmas Eve.

Gather your friends and family to meet Santa and his Firefighter friends on Christmas Eve. Create a "Santa Stop" by asking your neighbors to wait with you in one area of your neighborhood. Santa and his helpers will stop and visit with those who wish to wait for them.

We encourage everyone to wear brightly colored clothing so you can be easily seen by the drivers. Be Safe, Be Seen!

Look & listen for them to be in these areas on Christmas Eve:

(Weather permitting)

- North Route Nectarine, N. Meeker Dr., Kalama River Rd., Laverne Dr., Bates Rd., Modrow Rd. & • Spencer Creek Rd.
- Town Area Elm, N. 4<sup>th</sup>, Geranium, Taylor, Horizon, Waters Watch, N. 5<sup>th</sup>, Ivy, N. 2<sup>nd</sup> Pl., Juniper, N. 2<sup>nd</sup> St., Holly, N. 3<sup>rd</sup> St., Elm, China Garden, Date St., S. 7<sup>th</sup>, S. 8<sup>th</sup>, S. 9<sup>th</sup>, S. 10<sup>th</sup>, S. 11<sup>th</sup>, Military, Douglas, S. 3<sup>rd</sup> Pl., Birch, Summit, Parkland, Cloverdale, Ashland Lp., Ashland St., S. 1<sup>st</sup>, & S. 2<sup>nd</sup>
- **South Route** China Garden Rd. from 10<sup>th</sup> to Quietwood, Simmons, Star, Gore, Cloverdale Rd. from Greystone to upper Green Mtn. Rd., J.E. Johnson, Johnson Spur, S. Cloverdale to Dave's View, Vincent, 6100 block Old Pacific Hwy to Robb Rd., Kilkelly, Todd, Ring, Confer, Hahn, Acredale area, Sauer & Jaeger

\*\*FOR STONE FOREST AREA: WE WILL BE STOPPING AT ONLY STOP SIGNS AND INTERSECTIONS

### We wish you a Merry Christmas & a safe, Happy New Year!

We will be testing our Emergency Siren to signal the start of Santa Cruise on December 24th around 4 p.m. Please do not call 911 to ask why the siren has gone off.

## **Canned Food Drive during Santa Cruise**

December 24, 2023 during our annual Santa Cruise event, we will hold a Canned Food Drive. When you come out to see Santa riding our fire engine. you can donate canned food to be given to those in need in our community. Donations of food, clothing and money are always needed and accepted at: Kalama Helping Hand, 191 Cloverdale Rd



# Winter Safety Tips

Washington weather can sometimes be hard to predict, but you can always prepare for whatever weather it may bring to our area. As we enter the winter months, it has been predicted to be a warmer and wetter winter. However, with typical Washington weather, we will most likely see snow and freezing temperatures at some point. Here are some helpful tips to make your life a bit easier in the next few months.

### **Home Safety**

- Try to protect crawl spaces and foundation vents to help your house maintain heat.
- Be sure to disconnect your garden hoses and cover your outdoor faucets to prevent permanent damage due to freezing as the months get cold.
- Make sure to have a couple of flashlights and extra batteries handy and have a plan for if the power goes out.
- Never run portable generators indoors no matter how cold it gets outside due to the risks of carbon monoxide poisoning.
- Having an emergency kit built for your home is important, as well as assuring to restock those supplies as needed to last at least 72 hours for each member of your family (including pets!).
- Make sure to have your gutters cleaned out so they don't overflow or damage your homes.

### **Fire Place Safety**

- Don't use your fireplace unless you have had the chimney cleaned and inspected this year.
- Keep the fire in your fireplace by using an approved glass or metal screen in front of it.
- Keep children and pets away from the fireplace.
- Never leave the fireplace unattended and make sure it is completely extinguished before leaving your home.

### Vehicle and Driving Safety

- Pack an extra coat and blanket in your vehicle in the event that you are stranded on the side of the road.
- Keep your fuel tank above  $\frac{1}{2}$  to ensure that you will have enough fuel to stay warm if you get stuck.
- Leave additional time for travel.
- Leave extra space between your vehicle and the one in front of you.
- Slow down and don't overuse your brakes.
- Don't travel if you do not need to be out on the roads.





Photo courtesy of POK Facebook page

